

SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 26th November 2020

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(For all Enquiries)

WARD(S): All

PART I **FOR COMMENT & CONSIDERATION**

ADULT MENTAL HEALTH UPDATE

1. **Purpose of Report**

This report provides the Health Scrutiny Panel with an update on mental health priorities highlighted in the NHS Long term Plan, on Frimley wide initiatives relating to transformation, and on local initiatives and commissioned services to promote mental wellbeing and prevent mental ill health. There is also a report on the impact of Covid-19 and the response of local mental health services.

2. **Recommendation(s)/Proposed Action**

The Panel is requested to note the report.

3. **The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**

Slough JSNA highlights health inequalities, and an aim to increase accessibility of lifestyle interventions to reduce premature mortality. In Frimley, people with a severe mental illness have reduced life expectancy of 17-22 years due to poor detection and intervention for physical health conditions such as diabetes, obesity and heart disease, that are largely preventable.

Smoking, substance misuse and alcohol intake are high amongst people with mental health issues.

Social connectedness and links with communities are known to be protective factors for good mental health. In Slough we have high numbers of older population described as chronically lonely.

COVID-19 pandemic and lockdown has significantly impacted on mental ill health.

3a. **Slough Wellbeing Strategy Priorities**

Mental health developments described in the presentation link closely with Priority 2 of the Slough Wellbeing Strategy: Integration relating to Health and Social Care.

Delivering effective mental health care support and treatment in the community can only be achieved if all parts of the health and social care system work together, so that medical, psychological and social needs can be met. Crucially, this includes the voluntary and community sector who are central to promoting positive mental health and engagement in communities. This means overcoming the traditional divide between agencies, to provide personalised and coordinated health care.

Co-production of mental health services is increasingly recognised nationally as the way to ensure services reflect the needs of local communities. Slough has a well-established tradition of co-production that will continue to shape mental health services in a positive way.

3b. **Five Year Plan Outcomes** (Compulsory Section)

Outcome 2 of The Five Year Plan describes how communities will be engaged in initiatives to support Slough residents to become healthier and to manage their own health, care and support needs. The new mental health developments are underpinned by a recognition of the impact of inequalities and social determinants upon health outcomes.

4. **Other Implications**

(a) Financial

There are no direct financial implications of the proposed plans to the Council. The initiatives are already commissioned, or proposed to be commissioned through investment being made through the NHS Long Term Plan.

(b) Risk Management

This report is for information only and there are no immediate risks to be considered.

(c) Human Rights Act and Other Legal Implications

There are no Human Rights Act Implications. All services are provided with respect to individuals' rights and preferences. Legal frameworks including Mental Capacity Act 2005 and Mental Health Act (1983, amended 2007) are applied where indicated.

(d) Equalities Impact Assessment

Equalities Impact Assessment is applied to all commissioned and established services where they are formally provided or commissioned by Slough Borough Council, East Berkshire CCG or Berkshire healthcare NHS Foundation Trust. The objective to improve accessibility and reduce inequality of provision for disadvantaged groups underpins the developments described in the presentation.

(e) Workforce

Recognising the acute national shortage of qualified and /or registered health and social care practitioners, community and voluntary sector initiatives are a crucial element of the overall mental health offer in Slough, and increasingly opportunities are being explored for joint approaches and innovative solutions. Peer mentors and 'Experts by Experience' are also key roles within the new workforce and will be developed as part of mental health plans.

5. **Supporting Information**

Supporting information is contained within the accompanying powerpoint presentation.

6. **Comments of Other Committees**

This report was presented to Slough Health and Social Care Partnership Board on 27th October 2020 for information and update.

7. **Conclusion**

The NHS Long Term Plan (2019) commits to an additional 3.2bn additional investment for mental health, and outlines priority areas for service development. It describes a 'new community based offer that will include access to psychological therapies, improved physical health care, employment support, personalised and trauma- informed care, medicines management and support for self harm and co-existing substance use....and proactive work to address racial disparities'.

The presentation outlines how these services will be implemented in Slough, including a pilot site for Transformation initiatives, and how this will build on the existing provision in the Town, including impact and responding to Covid-19.

8. **Appendices Attached**

Powerpoint Presentation attached

9. **Background Papers**

'1' The NHS Long Term Plan (January 2019)

'2' The Community Mental Health Framework for Adults and Older Adults - NHSE/I and National Collaborating Centre for Mental Health (September 2019)